

April 2005



ACA

ACA's newsletter is sponsored in part by the UAB Alzheimer's Disease Research Center and the Jefferson County Office of Senior Citizens Services

ALZHEIMER'S OF CENTRAL ALABAMA

For the individuals and families who have experienced the trauma of Alzheimer's and for the professionals who help them.

9th Annual Garden Art Party—April 30, 2005

*P*lease support Alzheimer's of Central Alabama by attending our 9th annual Garden Art Party Saturday, April 30th, at the McWane Center, 200 Nineteenth Street North, from 7:00 until 10:00 pm. Money raised from this event supports our services, education and research programs. The auction will feature something for everyone, including artwork, home and garden accessories, entertainment and vacation packages and a special auction of artwork by Alzheimer's and dementia patients.

Artists Xander Booker and Donna Steele will serve as Honorary Chairmen of the Garden Art Party. One of the sensational auction items will be a complete table design for eight. Donna provided the plates and the Cook Store of Mountain Brook finished off the tablescape with goblets and appointments.

Board members Terri Platt and Jeannie Duke are co-chairing the event, with Maggie Arnold serving as the Auction Chairman. John Martinez of Masterpiece Flowers will be decorating.



"Just Me" by Mary

Kathy G and Company is catering and beverages will be provided by Birmingham Beverage and Alabama Crown District Company. Scott W. Ford will serve as our auctioneer. Music will be provided by Reggie and Company.

Tickets for the Garden Art Party are \$75 per person. For more information contact ACA at (205) 871-7970 or www.alzca.org.



Learn about Mary on page 6.

THANKS TO OUR SPONSORS GARDEN ART PARTY 2005

CORPORATE PARTNERS

Alacare Home Health & Hospice, Inc.; Blue Cross & Blue Shield of Alabama; Lynn Campisi, Attorney at Law; EBSCO Industries, Inc.; Greenbriar at the Altamont, The Oaks on Parkwood, and the Village at Cook Springs; Mount Royal Towers; St. Martin's-in-the-Pines.

CORPORATE SPONSORS

Alabama Assisted Living Association; Alabama Gas Corporation; Always There; Covenant Place; Covington Flooring; Galleria Oaks Retirement Community; Home Instead Senior Care; HomeCare Plus; ImageSouth Pet Center; Jefferson County Employee Association; Johnston, Barton, Proctor and Powell, LLC; Methodist Homes for the Aging; Meld Financial Inc.; Pfizer, Inc. & Eisai Pharmaceuticals; Travel Planners.

DONORS

Dr. J. Claude Bennett & Frances Caldwell; Mrs. Houston Brice, Jr.; Mr. & Mrs. Murray Smith; Mrs. John Tuttle.

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Garden Art Party

Upcoming Events

ACA'S SPRING CAREGIVERS CONFERENCE

ACA's Spring Caregivers Conference for families and professionals will be Saturday, May 21, at Sixth Avenue Baptist Church, 1101 Martin Luther King Drive, Southwest, from 8:30 – noon. CEU approval will be available for nurses and social workers.

Dr. Lindy Harrell, Director of UAB's Alzheimer's Disease Center will present "Understanding Alzheimer's Disease". "Community Resources for Caregivers" will be presented by Barbara Brown Anderson, PhD, Alabama Cares of Jefferson County Coordinator for the Office of Senior Citizens Services, and Mamie Mahone, Vice President of Human Resources & Corp. Compliance, St. Martin's-in-the-Pines. Delois Guy, DSN, RN, Professor Emeritus, UAB School of Nursing, will present, "Taking Care of the Caregiver".

The program is co-sponsored by Sixth Avenue Baptist Church, Alacare Home Health & Hospice and the UAB Alzheimer's Disease Center.

For more information call: (205) 871-7970.

Odyssey HealthCare to Host Educational Program

On Friday, June 24, 2005, Odyssey HealthCare will host an educational program, at the Homewood Library, from 8:30 am – 3:00 pm. Proceeds will benefit Alzheimer's of Central Alabama.

Dr. Andrew Duxbury, Assistant Professor in the UAB Division of Geriatric Medicine, will discuss the **clinical aspects of dementia**; Dr. Patricia Goode, Associate Professor in the UAB Division of Geriatric Medicine, will discuss **end-stage dementia care**; Lynn Campisi, Attorney at Law, will discuss **legal issues**; and Rev. Peggy Sanderford-Ponder will offer ways for caregivers to find **meaning through telling their stories**.

For more information call (205) 870-4340.

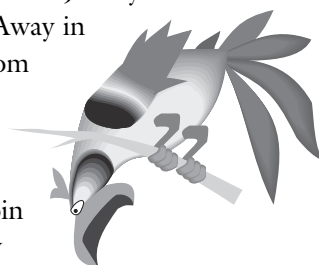
MAGIC CITY PARROT HEAD CLUB SATURDAY, MAY 7

The Magic City Parrot Head Club, Birmingham's Official Jimmy Buffett Fan Club, is hosting the 2nd Annual "Wasting Away in Margaritaham" to benefit ACA, on Saturday, May 7, from noon – 6 pm, at Dave's Pizza in Homewood.

Music will be provided by AIA, which is the official Jimmy Buffett Tribute Show.

Put on your most colorful tropical attire and come join in the fun. Meet your Parrot Head Friends and enjoy great music, an outstanding silent auction, 50/50 raffle and drawings for prizes throughout the day. Tickets are \$25 in advance.

For more information, email parrots@mcphc.com.



Project Lifesaver Available Across Central Alabama



Project Lifesaver relies on state-of-the-art technology and a specially trained search and rescue team to locate patients who have wandered away from home. As many as 60% of Alzheimer's patients will wander away from their caregiver. Many patients will wander repeatedly.

When an Alzheimer's patient wanders away they are unaware of their situation; they do not call out for help and do not respond to people calling out to them. It is critical that patients are recovered quickly.

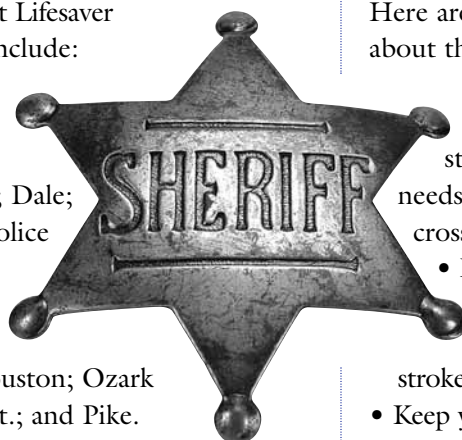
How does Project Lifesaver work?

The Project Lifesaver bracelet is a one-ounce battery-operated radio wrist transmitter emitting an automatic tracking signal every second, 24 hours a day. The signal can be

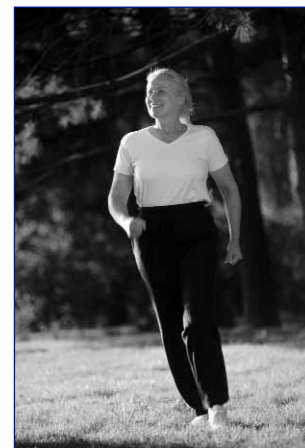
tracked on the ground and in the air over several miles. As each bracelet has a unique radio frequency, the Project Lifesaver search team can positively locate and identify the person who has wandered.

In central Alabama Project Lifesaver Programs are available in Blount, Calhoun, Etowah, Jefferson, St. Clair and Tuscaloosa Counties. Other Alabama counties and municipalities with Project Lifesaver programs include:

Baldwin; Barber; Coffee; Covington; Dale; Daleville Police Dept.; Escambia; Geneva; Henry; Houston; Ozark Police Dept.; and Pike.



For more information about the availability of Project Lifesaver bracelets and the cost contact the appropriate agency for your county (*see below*).



Maintain Your Brain

By Bill Hendrick

Here are tips for people worried about their "senior moments".

- Remember, good health starts with your brain. It needs care and maintenance. Solve crossword puzzles. Read. Write.
- Do something everyday to prevent heart disease, high blood pressure, diabetes, and stroke, all which can affect memory.
- Keep your body weight, blood pressure, cholesterol and blood sugar levels within recommended ranges.
- Feed your brain; eat less fat and more antioxidant-rich foods.
- Physical exercise keeps the blood flowing and may encourage new brain cells. Do what you can—such as walking 30 minutes a day—to keep both body and mind active.
- Connect with others. Leisure activities that combine physical, mental and social elements may be most likely to prevent dementia. Be social, converse, volunteer, join a club or take a class.

*Cox News Service, March 31, 2005
(to read the full story, go to www.indystar.com/article/5/233244-58950047.html).*

Project Lifesaver Contact Information

COUNTY	ORGANIZATION	CONTACT PERSON	PHONE #
Blount	Sheriff's Dept.	Officer Terry Sherbert	(205) 625-4127
Calhoun	Sheriff's Dept.		(256) 236-6600
Etowah	Sheriff's Dept.	Misty Otwell	(256) 546-2825
Jefferson	ACA	Sharon Zeimak	(205) 871-7970
St.Clair	Sheriff's Dept.	Sgt. John McWaters	(205) 594-2140
Tuscaloosa	Sheriff's Dept.	Dale Phillips	(205) 752-0616

Safe Hospitals Program

Hospitals are an integral part of the continuum of care for persons with dementia. Dementia patients may require medical or surgical care during the course of their illness. Although Alabama has one of the best hospital systems in the country, families are often disappointed with the care their loved one receives when in the hospital. Physicians, nursing staff, dietary staff, and support personnel can misunderstand the special needs of Alzheimer patients. The Dementia Education Training Program (DETA), as part of the Alabama Department of Mental Health and Mental Retardation, is working to educate families and hospitals about the common problems dementia patients encountered during a hospital stay. Family caregivers should be aware of the “seven deadly sins” of hospitalization, which are complications that are commonly encountered during a hospital stay. These seven deadly sins of hospital care include delirium, decubiti, dehydration, diminished nutrition, demobilization, drug reactions, and diagnostic confusion.

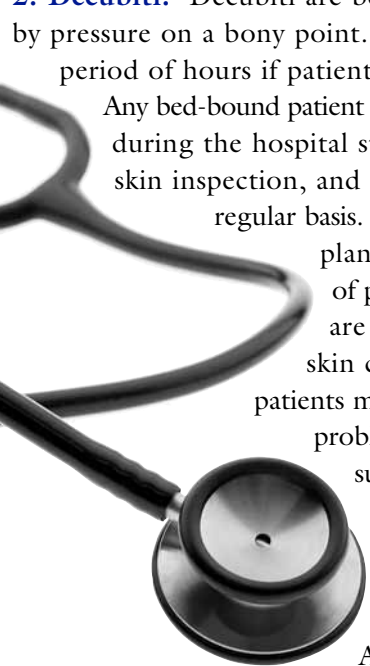
7 DEADLY SINS OF HOSPITAL CARE

1. Delirium: Delirium is a common problem for dementia patients that can be caused by changes in the environment, anesthesia, infections and drug interactions. Delirium can cause increased confusion, restlessness, delusions and hallucinations. Although delirium can be

an unavoidable consequence of necessary treatment, the best medicine for delirium is to return the patient to their normal routine as quickly as possible.

Seven Deadly Sins of Hospital Care

1. Delirium
2. Decubiti
3. Dehydration
4. Diminished Nutrition
5. Demobilization
6. Drug Reactions
7. Diagnostic Confusion



2. Decubiti: Decubiti are bed sores that are produced by pressure on a bony point. Decubiti can begin in a period of hours if patients are not turned properly. Any bed-bound patient needs a skin protection plan during the hospital stay that includes skin care, skin inspection, and turning the patient on a regular basis. Each hospital has different plans for protecting the skin of patients; however, families are encouraged to discuss skin care on admission. Some patients may be restrained to prevent problems with medical devices such as breathing tubes, chest tubes, etc. Hospitals should be attentive to the skin care needs of the immobile Alzheimer patient and make reasonable efforts to reduce the risks for skin breakdown. The development of a decubitus during a hospital stay does not indicate poor care if the hospital made reasonable efforts to protect the patient’s skin.

3. Dehydration: Dehydration is a common problem during hospitalization when patients often drink inadequate amounts of fluid to sustain adequate body-water content. Families should discuss appropriate hydration and determine whether the staff is monitoring the daily amounts of oral intake. The federal nursing home guidelines suggest that a 150 lb. person requires about 2,000 cc or 2 quarts of water per day. Patients who develop dry mouth, dry eyes, dry skin, poor urinary output, and skin that is doughy rather than plump are potentially dehydrated.

4. Diminished Nutrition: Diminished nutrition is a major problem for frail, hospitalized older patients with dementia. In the hospital, many self-sufficient patients are no longer able to feed themselves because of disorientation and confusion. Family caregivers and the nursing staff should discuss the need for assistance with feeding. Patients should not have dramatic weight loss during hospitalization.



Each scale weighs a patient differently and patients may have significant weight gain or weight loss identified during the admission process. Patients should be weighed on the same scale, at the same time of day, with the same clothing to assure accurate estimates of weight. Starting with the baseline admission weight, the patient should not lose considerable amounts of weight. Abrupt loss of weight suggests either malnutrition or dehydration. Abrupt increases of weight suggests excessive fluid intake, e.g., IV hydration.



5. Demobilization:

Demobilization is a serious problem in frail elders. Dementia patients are sometimes allowed to lie in bed for prolonged periods of time. Confusion associated with medical problems or disorientation from a hospital stay may diminish a patient's ability to walk. Ambulation has many benefits for dementia patients. The movement of the leg diminishes the risk of blood clots;



constant practice of walking reduces the likelihood that the patient will forget how to walk during the course of the hospitalization; walking helps expand airway and reduce the likelihood of lung infections; walking eliminates pressure from skin and diminishes the

risk for decubiti. Families should discuss with the hospital staff the plan to walk the patient based on the patient's ability. Moderate to severely demented patients who remain bed-bound for many days or weeks are less likely to resume ambulation after they return home or return to the nursing home. Walking is a "use it" or "lose it" skill for many dementia patients. Although ambulation does carry the risk of falls with injury, confinement to bed also carries significant risks.

6. Drug Reactions:

Dementia patients are unable to ask questions or monitor their own medications. The family is entitled to ask about specific medications and the benefits provided to the patient. Pain pills, tranquilizers and other medications that alter brain function require careful review and consideration. Confusion about medications is possible when multiple physicians are caring for the patient.

7. Diagnostic Confusion:

Moderate or severely demented patients react differently to health problems than intellectually normal individuals. Patients are unable to explain their pain or physical symptoms. Dementia patients respond differently to infections than cognitively intact persons. Diseases such as coronary artery disease or heart failure have different manifestations in the older patient as compared to younger individuals. Persons with dementia respond differently to infections and demonstrate less elevation in temperature. Healthcare providers should be aware of clinical differences for persons with dementia as opposed to individuals with normal brains.

Physician guidance and information is available through the DETA program. 1-800-457-5679 or www.alzbrain.org.

*Safe Hospital Program developed by
Richard E. Powers, MD,
Director of the Bureau of
Geriatric Pyschiatry,
Alabama Department
of Mental Health and
Mental Retardation*



There are many support groups that meet in central Alabama. For a listing of meetings, visit ACA's website at www.alzca.org or call (205) 871-7970.



Forty years ago when the youngest of her four children went to college, Mary enrolled in an art class that launched a life-changing journey and an enduring passion for creating impressionistic art. She brought her paints along on the day she moved to her assisted living facility and continues, at 91, to paint prolifically. Mary loves working with color, which is evident in this lovely piece. We discovered a rare and delightful bonus on the reverse side of the painting. She had faintly sketched her concept of the piece and titled it “Just Me”. Though Mary has devoted great attention to some details—the facial characteristics and light reflected off the water, there are striking omissions. She didn’t give herself hands and the boat has no oars. So Mary sits in her boat facing the direction from which she has come rather than facing the darker waters towards which she is drifting, a bit less able now to steer her own course, a bit more solitary. But still the work does not seem at all foreboding. On the contrary, her picture seems beautifully reflective of her vibrant voice, her dignity and gives a sense of serene contentment.

Many dementia patients continue to express themselves through art as the disease progresses. There will be a special section of dementia artwork at the Garden Art Party. **Notecards featuring this and other artwork will also be available.**

The Terri Schiavo Case is Important Lesson to Families by Debbie Wilson

Lately the country has heard the heartbreaking story of Terri Schiavo and her family. No matter what your personal opinion of the “best” outcome for her and her family, the lesson we should learn is the importance of having end-of-life discussions with our families and preparing legal documents so those wishes can be carried out even if our ability to communicate is impaired due to illness or accident.

It is estimated that 80% of Americans do not have advanced directives or health-care powers of attorney. No doubt, you or some of your loved ones fall in that category. So, while death and dying are never pleasant topics, it is far easier to discuss without the stresses of an impending life-limiting illness.

Use Schiavo’s case to open your family dialogue today.

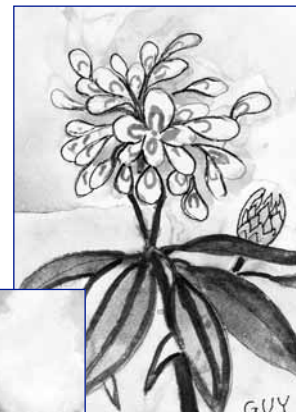
Ask each member to openly discuss his or her individual wishes, not just those

specific to Schiavo’s case. Consult your local hospice, church or lawyer for help in writing a personal advance directive (or “living will”, as it is called) with specific instructions on your wishes for your end-of-life circumstances. Various web sites, including www.caringinfo.org, can also provide assistance. Make sure others in your family who might be involved in your care are aware of your wishes and have a copy of your living will. Provide a copy of your advance directive to your physician.

Terri Schiavo’s very difficult saga can have a positive effect if we learn from it and take action today.

(This article was reprinted in part from The Birmingham News, Sunday, March 27, 2005. Debbie Wilson is a registered nurse and general manager of Odyssey Hospice in Birmingham.)

A Sample of Patient Artwork That Will Be Auctioned at the Garden Art Party



ACA Update

Alzheimer's of Central Alabama hosted our annual meeting Thursday, November 18, 2004, at Independent

Presbyterian Church. **Dr. Paul Roller**, President of SeniorCare Geriatric Healthcare Services was our speaker. Dr. Roller combined humor, compassion and understanding in his lecture about providing care for dementia patients.

Murray Hiam was honored as our Board Member of the Year. This award is given annually in memory of Mitzi Kronenberg. Murray has been a member of ACA's support group and board of directors for many years. Murray is involved with every board activity. He helps stuff envelopes for the Walk, contributes art for the Garden Art Party and never misses an event. Perhaps Murray's biggest contribution to ACA has been building our Thanksgiving Arbor. Each Fall the Arbor is erected in the Riverchase

ACA'S SLATE OF OFFICERS FOR 2005 WERE PRESENTED:

- Vance Holder, *President*
- Terri Platt, *Vice President for Development*
- Dan Pahos, *Vice President for Research & Program*
- Kathy Grissom, *Treasurer*
- Judy Rainwater, *Assistant Treasurer*
- Kelly Seewald, *Secretary*

Galleria and covered with leaves on which caregivers have written a special cherished memory of their loved one. Murray constructed the Arbor and with the help of volunteers, erects the Arbor annually for us.

Ginger Myers was also honored at the annual meeting as our First Annual Volunteer of the Year. Ginger is an enthusiastic member of the Mount Royal Towers marketing team. She was the heart and inspiration behind the first annual "Golfing To Remember" event at the Inverness Country Club. The event exceeded Ginger's expectation and a second annual event is being planned for October 24th.

Congratulations and many thanks to Murray and Ginger for their hard work on behalf of Alzheimer's of Central Alabama!

Family Caregiver's Immune Function Study

Taking care of a loved one with Alzheimer's disease is stressful. The stress can be harmful to your health. Researchers at U.A.B. are concerned about how your immune system, the system that protects your body against diseases, may be affected by caregiving related stresses and a host of the factors such as genes, nutrition, social support, and social activity. We are interested in how well your immune system works by giving you a tetanus vaccine, the shot given to you whenever you go to the emergency room because of a deep cut or puncture wound. One month later we will check your antibodies against the vaccine. The antibody levels show how you're your body responds to the vaccine. Then we will look for links between the antibody levels and your stress levels, genes, and other factors of interest. This study will involve the spouses and biological children of the Alzheimer's disease patients. The use of families allows us to better understand how different levels of stress and genes affect the immune response to this vaccine. With a better understanding of the factors that affect the immune system, we will be able to design better ways to help you stay healthy when you are taking care of your loved ones.

If your family is interested in participating in this very important immune function study of caregivers of Alzheimer's disease patients, please call 205-934-4476 for more information.

(See Box at left: "Are You a Caregiver?")

ARE YOU A CAREGIVER?

ARE YOU UNDER STRESS?

Help us understand how stress affects your body's ability to fight disease.

If you are a spouse caregiver with biological children, your family may be eligible.

You don't have to leave home and there is no cost to participate.

Please call 205-934-4476 for more information.

UAB Alzheimer's Disease Center
1720 7TH AVENUE SOUTH, SC454
BIRMINGHAM, AL 35233-1718

Memorials, Honorariums and Friends

September 2004 - March 14, 2005

Memorials

In memory of Beulah Hughes Abel

Robert & Fay Kohler

In memory of Marie & William Alexander

Barbara A. Brown

In memory of Bessie Estelle Anderson

Louise F. Mango & Samuel Mango

In memory of Booker T. Archie

Loretta Archie

In memory of Spencer T. Bachus, Jr.

Alabama Credit Union League

American Council for Excellence & Opportunity

Anonymous

Anonymous

Royl E. Beville

The Birmingham Jewish Federation

Black Warrior – Cahaba Rivers Land Trust

Michael & Rosemary Bolin

Roy and Abby Blunt

C. W. & Margaret Burks

Eli & May Tynne Capilouto

Mr. Robert C. Chapman

Tom & Mary Ellen Clark

Alan F. Cole

Johanna & Ray Cole

Jerry & Pat Coots

G. William & Melissa Crocker

Congressman Artur Davis

Bob & Nancy DeRoncey

John & Martha DeRoncey

Congressman Terry Everett

The Hackney Foundation

Independent Community Bankers of America

Judith G. Lee

Liberty National Life Insurance Company

MBNA, John Collingwood

Max Federal Credit Union Family

Ed & Doris Muir

New Century Financial Corporation

Protective Life Corporation

Mignon C. Smith

The Smith – Free Group Inc., Mr. James Smith,

Ms. Sarah Dumont

St. Clair County Economic Development

Council Inc.

Mr. Richard P. Stewart, S. & W. Electric

Company Inc.

Thomason, Hanson & Maples, LLC

Torchmark Corporation

Vulcan Materials Company

Ben & Bec Watkins

Hilda R. Watkins

Louise & Edgar Welden

Bruce Windham, VP Government Affairs –

Drummond Company, Inc.

Thomas & Deborah Woodall

In memory of Harry T. Baker

Mary E. Oswald

In memory of Rosa Barlow

Virginia Epps

Sue Pierce

In memory of Cora Barrett

Tina Barrett

In memory of Jack Blackwell

Bruce & Mary Elizabeth Bellande

In memory of Mrs. Melba Blalock

Douglas J. Jackson

In memory of Houston A. Brice, Jr.

Alabama Associated General Contractors

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Dr. & Mrs. R. C. Cezayirli

Mary Ellen & Tom Clark

Cory, Tucker & Larowe, Inc.

Robert & Linda David

Mr. & Mrs. William Anthony Davis, III

Felix M. Drennen, III

Judge & Mrs. James Hard

John & Beverly Harrell

William & Carey Hinds

Mr. & Mrs. Robert Howard

Robert E. Luckie

Masonry Arts, Inc.

Mitzi's 2nd Place

Dr. & Mrs. Charles Robinett

Rockridge Garden Club

Mr. & Mrs. William N. Rowell

William M. Spencer, III

Star Electrical Contractors

Glenn Till, Jr. and Staff of Till, Hester, Eyer &

Brown, P.C.

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Robert T. Young

In memory of Ruth Venn Brown

Nina S. Downey

Dr. Richard & Mrs. Frances G. Scholl

Patricia S. Simpson

In memory of Marion "Jerry" Buckley

Patsy Akins

Betty Bryant

Ellis & Carolyn Campbell

Mr. & Mrs. Raymond Curtis (Mary Lane

Thigpen)

Gloria Davis

Les & Joyce Davis

Carolyn Dunbar

Ray & Mary Joyce Griffin

Diann Gurley Horton

George Lucas

Mark & Jane Lucas

Ann Maxwell

Jim & Ann McCain

Floy B. Ogletree

Shirley & Doug Posey

Jack Smith

Ms. Betty K. Snider

Loraine & Jerry Sullivan

James Thigpen

Lois Wallace

Cedric & Doris Williams

In memory of Frank Burford

James & Carol Lord

In memory of Louise Burkett

Doug & Peggy Haviland

Carol S. Odess

In memory of Ann Burns

Julia Woodward

In memory of Esther Butler

Mr. & Mrs. James R. Holmes

In memory of Hilda Bynum

Dr. & Mrs. R. E. Hamric

In memory of Mrs. Virginia Cameron

Mrs. Curtis Furse

In memory of Huberta Canary

Tommy Canary

In memory of Ron Carney

Sara Norris & Judith Swindle

In memory of Nicolina Carruba

Virginia C. Tommie

Marlene R. Facher & Frank Zichelli

In memory of Augna N. Carson

O.J. Carson

In memory of Ethel Cates

Martha Clemmer

Galleria Oaks

In memory of Arlene G. Causey

Richard Cooley

Miriam Cowan

Diane Daniel

Joseph Dumas

Timothy Ferguson

Francesco Iannuzzi

Danny Kilpatric

Michael Moore

Margaret Oliver

Don Parker

Phillip Parker

Tony Sanford

Charles Schaefers

Terry Turner

In memory of Bessie Chism

Beverly V. Giddings

In memory of Harold Clark

Pete & Tommie Strickland

In memory of Jane Coibion

Frank D. Brizendine

Jo C. Daniel

In memory of Ethel Robinson Vaughn Coker

Betsy & Phil Henle

Mary E. Oswald

Alan Stevens & Louis Seube

In memory of Clara A. Cole

Buddy & Freda Adams

Troy & Bessie Byrd

Margaret Cole

Theron & Delorese Speegle

In memory of James K. Coleman

Mr. & Mrs. Glenn Bishop

In memory of Mary Nell Forester Collins

Alabama Independent Insurance Agents, Inc.
Birmingham Independent Insurance Agents, Inc.
Mrs. T. Edward Blackmon, Jr.
Tom & Rebecca Booth
Sally Lessman Davis
The Dinan Family
Dobbins Company
Mr. & Mrs. Ellis Hill
Bobbye Lessman
Herman C. Lessman, Jr.
Sandra D. Mackinaw
Mr. & Mrs. William H. Porter
Louise M. Sciarretti
The Stardusters

In memory of Claude Edward Cornelius, Jr.

Mr. & Mrs. Jeff Campbell
Patricia S. Dawson
Jeanette A. Evans
Tom & Lyn Franks
Mrs. Andrew C. Wade
C. Lee & Yvonne Walls
Walls Newspapers Consultants

In memory of Mary Craft

Atlantic Sales and Performance
Miller, Stabler, & Smith

In memory of Paul Chester Culver

Carraway Methodist Medical Center:
PM & R Department

In memory of Jimmie Nabors Lee Dailey

Carolyn L. Cox

In memory of Ruth Carlton Dark

Charles & Martha D. Loyd

In memory of James A. Davis, Sr.

The Single Disciples Sunday School Class

In memory of James Dawes

Margaret R. Graffeo, CMP

In memory of Dr. Charles Paul Dawson

Carol and Robert Burnham
Jeanne M. Weaver

In memory of James Davis

James & Carol Bales

In memory of Alberta Debardlaben

Bertha D. Body

In memory of Allen Edwards

Lee Graham

In memory of Regina Bell Ellis

Rosalind S. Donaldson
Leigh Fechter
Ann Hope Jones

In memory of Frances Elrod

Galleria Oaks

In memory of Grace Estes

Ellen Fallin

In memory of Marjorie Farrell

Robert & Roselynn Wall

In memory of Magdalene B. Fisher

Albert B. Perez

In memory of Mrs. Elgin French

Bobbie and Howell Holland

In memory of Lillian Geisin

Rob & Sandy Gellings

In memory of Ella Roth Germann

A. A. Germann

In memory of Marietta Goldstein

Birmingham Vending Company
Lyssie Brown
Don M. Gieger
Cliff W. Gunst
Dora A. Miller
Helen (Gunst) and Dick Robbins
Ralph & Leigh Roberson
Rebecca C. Weber
Virginia G. Wesley
Wilmington Trust Company

In memory of Celeste Green

Consumer Loan Center Management team
at Compass Bank

In memory of Frances W. Green

Janey & Adis Estridge
Brent & Rachel McIntyre
Nell & Joe Staab
Eastminster Presbyterian Church

In memory of Anne Greenberg

Danny Kallman

In memory of Rosebelle Greenberg

Danny Kallman

In memory of Mr. & Mrs. Ed Gunter

Linda Anne Morris

In memory of Jon Gustin

Peggy A. Gustin

In memory of Juanita Haines

Dot & Rev. Jimmy Aycock

In memory of Peggy Hamilton

Evelyn M. Rogers
Joe E. and Cynthia Rogers
Emma, Sat & Mary Evelyn
Minnette & girls
Scott, Jennifer & family

In memory of LaRue Harris

Frances G. Moffett

In memory of Louise Harrison

Mrs. Richard C. Duell, Jr.
Marilyn M. & Thomas H. Edwards, III
Florence & Harry Mueller
Nina Green & Wade P. Parsons
Carlton P. & Louise L. Pinkerton

In memory of Alice Ruth Lee Hart

Mary Carroll
Rich Dudley, III
Mrs. Tracy Everrett
Kimberly Fretti
Bob & Liz Gorman
Nina Green
Mrs. D. W. Littlefield
Mrs. J. E. Luckie
Williams/Howell Sunday School Class

In memory of Marion Hasenbein

Dona G. Cash
Lucy, Johnny & Mary Elizabeth Hudecz
Peggy Naccari
Jack & Martha Shelton
Billie Shory
Eloise Terrell
UAB Hospital Maintenance Department

In memory of Marhall Haynes, Jr.

Howard M. Smith

In memory of Willie Mae Haynie

Patricia Carlisle
Frank Haynie

In memory of Robert A. Heigl, Sr.

Regions Morgan Keegan Trust Operations Group

In memory of Richard Herchenrider

Thomas D. Sloan

In memory of Bob Hinton

Judy & Glenn Bishop
William & Hilda Watts

In memory of Stella Ann Phillips Huie

Allen & Carol Weidenbach
Steve & Julia Weidenbach
Southside Baptist Church

In memory of Doris Evelyn Hyde

Greg & Sharon Hyde

In memory of Thomas Felton Johnson

Lin & Martha Davis
Donald & Jeanette Evans
Douglas & Sharon Parker
Louise Puryear

In memory of Margaret Anne Johnston

Dorothy & Pat King

In memory of Joseph Ralph Jolly, Sr.

Galleria Oaks
Wilburn & Martha H. Killian

In memory of Frances Scott Justice, Sr.

Jim Brown & Mary Foster/ The
Caring Foundation
Rachael Crutchfield

Paula Cooley

Lynn Dover
Larry Estock
Lorrie Greer
Donna Johnson
Sophie Martin

In memory of Dr. Peter Kovach's Mother

Ruth Applebaum

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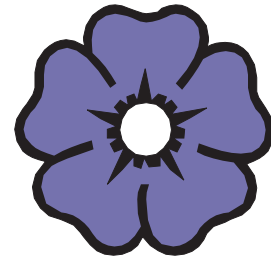
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*A*lzheimer's of Central Alabama is a nonprofit organization and resource center serving Alzheimer's patients, caregivers and professionals. The goal of ACA is to support: education, caregiver services, and research.
The objectives of ACA are to:

- Assist with the cost of respite care, adult day services, and limited supplies
- Provide educational opportunities through public seminars, a comprehensive resource center, telephone information and a newsletter
- Support dementia research
- Provide advocacy and increase public awareness

We want you as a part of our organization. ACA serves the following counties: Bibb, Blount, Calhoun, Cleburne, Chilton, Clay, Coosa, Etowah, Fayette, Greene, Hale, Jefferson, Lamar, Pickens, Randolph, Shelby, St. Clair, Talladega, Tallapoosa, Tuscaloosa, and Walker.